January 2021

Pekin Community School District





This menu is subject to change. We will continue to update and keep as accurate as possible. Low Fat or Skim milk offered daily.

An Equal Opportunity Provider



Nutrition Tip: Help with food waste by getting creative with leftovers and planning meals around the food you already have on hand.

Reference: Eat Right

Monday	Tuesday	Wednesday	Thursday	Friday
				HAPPY NEW YEAR!!!
Pizza Green Beans Broccoli w Cheese Sauce Diced Peaches Raisels WG Snack Mix	Beef & Noodles Mashed Potatoes Baby Carrots Pineapple Blueberries WG Hot Rolls	Taco Salad Corn Green Peppers Applesauce Tropical Fruit WG Cookie	Chicken Wraps Cooked Carrots Cucumbers Diced Pears Apple Slices WG Wacky Cake	Hot Ham & Cheese on SME 8 Baked Beans Baby Carrots Mandarin Oranges Cinnamon Apples
Tater Tot Casserole Peas Mixed Fruit Orange Wedges WG Hot Rolls	Chicken & Cheese Burrito Romaine Salad w Ranch Refried Beans Diced Peaches Slush Cup Mexi Rice WG Snack Mix	Meatball Subs Green Beans Baby Carrots Pineapple Strawberries WG Chips	Baked Potato w Cheese Sal 14 Ham Slice California Blend Applesauce Grapes WG Rice Krispy	NO SCHOOL
Pizza Casserole Corn Mixed Fruit Blueberries Garlic Bread	Chicken Sandwich French Fries Baked Beans Diced Peaches Slush Cup	Beef Nachos Broccoli Green Peppers Diced Pears Orange Wedges Sun Butter Sandwich (3-12)	Chicken Noodles Mashed Potatoes Cheesy Green Beans Mandarin Oranges Apple Slices Cinnamon Rolls	Chili Baby Carrots String Cheese WG Crackers Pineapple WG Cookie
Chicken Quesadilla Green Beans Refried Beans Applesauce Tropical Fruit Mexi Rice WG Chex Mix	WG Lasagna Corn Caesar Salad Diced Pears Cinnamon Apples WG Breadsticks	Egg Patty Sausage Patty Tri Tater Baby Carrots Grapes Mandarin Oranges WG Cheese Sticks	Little Smokies Mac & Cheese Broccoli Green Pepper Slices Mixed Fruit Banana WG Pumpkin Bars	Sloppy Joes on Bun Baked Beans Baby Carrots Diced Peaches Raisels WG Chips